Hospital Visitation Policies During COVID

Visitors are an important part of the recovery process if you or a loved one are hospitalized. Patients with a strong support system may recover faster, have reduced stress, and may be better prepared to return home after a hospital stay.

In response to the pandemic, the Maryland Department of Health issued an order for various healthcare matters regarding COVID-19[1]. The order requires hospitals to establish temporary visiting policies to help reduce the spread. All hospitals must comply with **CDC Guidelines** about visitation policies.

This includes limited visiting hours and a restricted number of allowable visitors per patient. Policies may be adjusted at any time based on the severity of community spread of COVID-19. Though policies are facility-specific and may even vary by unit or floor, most hospitals are still allowing at least one visitor or support person for:

- End-of-life patients
- Maternity/obstetrical patients
- Patients in critical condition
- Patients with Special Needs[2]
- Pediatric patients (under 18)

Visiting a friend or family member will be different now than what you may have experienced in the past. Some hospitals are offering virtual visits but if you go in person, be prepared for hospital staff to require one or more of the following:

- Wear a mask
- Confirm that you are over the age of 18 (no children)
- Pass a COVID screener and confirm you are symptom-free
- Limit travel in and out of the patient's room

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[1] For the most recent version of the "Amended Directive and Order Regarding Various Healthcare Matters," click **here**.
[2] See joint statement "Access to Support for Patients with Disabilities in Hospital Settings" from the Maryland Department of Disabilities and Maryland Department of Health **here**.

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MARYLAND HEALTH CARE COMMISSION

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It is important that you know the rules before you go! We have compiled the websites of hospital visitation policies for all acute care hospitals in Maryland.

Click on the hospital name for a direct link to the COVID-19 visitor policy for each facility.

- **Adventist HealthCare Fort Washington Medical Center**
- **Adventist HealthCare Shady Grove Medical Center**
- **Adventist HealthCare White Oak Medical Center**
- **Anne Arundel Medical Center**
- **Atlantic General Hospital**
- **CalvertHealth Medical Center**
- **Carroll Hospital**
- **Doctors Community Medical Center**
- **Frederick Health Hospital**
- **Garrett Regional Medical Center**
- **Grace Medical Center**
- **Greater Baltimore Medical Center**
- **Holy Cross Germantown Hospital**
- **Holy Cross Hospital**
- **Howard County General Hospital**
- **Johns Hopkins Bayview Medical Center**
- **Johns Hopkins Hospital**
- **MedStar Franklin Square Medical Center**
- **MedStar Good Samaritan Hospital**
- **MedStar Harbor Hospital**
- **MedStar Montgomery Medical Center**
- **MedStar Southern Maryland Hospital Center**
- **MedStar St. Mary's Hospital**

- **MedStar Union Memorial Hospital**
- **Mercy Medical Center**
- **Meritus Medical Center**
- **Northwest Hospital**
- **St. Agnes Hospital**
- **Sinai Hospital**
- **Suburban Hospital**
- **TidalHealth Peninsula Regional**
- **Union Hospital**
- **UMD Baltimore Washington Medical Center**
- **UMD Charles Regional Medical Center**
- **UMD Harford Memorial Hospital**
- **UMD Medical Center**
- **UMD Medical Center Midtown Campus**
- **UMD Prince George's Hospital Center**
- **UMD Rehabilitation and Orthopaedic Institute**
- **UMD Shore Medical Center - Chestertown**
- **UMD Shore Medical Center - Dorchester**
- **UMD Shore Medical Center - Easton**
- **UMD St. Joseph Medical Center**
- **UMD Upper Chesapeake**
- **UPMC Western Maryland**